

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				10:30 Flexibility 1 9:00-3:00 Older Adult Information Day @Greenview FCSS 1:00 Craft Time	10:30 Hand Strength 2 8:30-12:00 Government Services 1:00 Medicine Picking	3
4	10:30 Senior Strength 5 1:00 Jam Making	10:30 Standing Balance 6 1:00 Rocking Hunting	11:30-2:00 Community Bus 7	10:30 Chair Yoga 8 1:00 Craft Time 5:00 Radio Bingo 50,000 @Tawow	10:30 Flexibility 9 1:00 Movie and Popcorn. Smoke Signals	Community Potluck @4 10
11	Thanksgiving 12 (No admins on site)	9:30 Picnic 13 @Kellys Bathtub	10:00 Resident Meeting 14 11:30-2:00 Community Bus	10:30 Senior Strength 15 1:30 Bingo with 50/50 @WPL 1:00 Craft Time	10:30 Standing Balance 16 1:00 Yard Games	17
18	10:30 Chair Yoga 19 1:00 Music and Storytelling	10:30 Flexibility 20 1:00 Wood Work	11:30-2:00 Community Bus 21	10:30 Hand Strength 22 1:30 Bingo with 50/50 @WPL 1:00 What is it?	10:30 Senior Strength 23 1:00 Pumpkin Carving	24
25	10:30 Standing Balance 26 1:00 Sulphur Gates/Big rock	10:30 Chair yoga 27 1:00 Craft Time	11:30-2:00 Community Bus 28	10:30 Meditation at the lake 29 1:30 Bingo with 50/50 @WPL 1:00 Cookie Decorating	10:30 Hand Strength 30 2:00 Trick or Treat	Halloween 31

