

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

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	2 9:30 STRENGTH EXERCISES (DUMBELLS) 10:30 BIBLE STUDIES 2:00 BINGO ELSIE VIETCH B-DAY	3 8:00 SHROVE TUESDAY AUXILLARY PANCAKE BREAKFAST 9:30 RESISTANCE BANDS EXERCISES 10:30 CURRENT EVENTS 2:00 CARDS- PENNIES/BLACK QUEENS	4 9:30 FLEXIBILITY EXERCISES 10:30 FUN WITH WORDS 2:00 FLOOR CURLING  Mardi Gras	5 9:30 STRENGTH EXERCISES (JOINT ROTATION) 10:30 FAMILY FEUD 2:00 LAUGHING FOR WELLBEING	6 9:30 HAND STRENGTH EXERCISES 11:00 DV SHOPPING TRIP	7	8
6:30 TIPPLE BAPTIST CHURCH W/PASTOR DWAYNE YVETTE MORGAN B-DAY  Daylight Saving Time Begins	9 9:30 STANDING BALANCE EXERCISES 10:30 BIBLE STUDIES 11:00 LIBRARY 2:00 MOVIE AND POPCORN	10 9:30 STRENGTH EXERCISES (DUMBELLS) 10:30 RESIDENT MEETING 2:00 FLOOR CURLING	11 9:30 RESISTANCE BANDS EXERCISES 2:00 TV HORSE RACES 4:00 CATHOLIC SERVICE	12 9:30 FLEXIBILITY EXERCISES 2:00 LAUGHING FOR WELLBEING SUE SHIERMAN B-DAY  Purim Begins	13 9:30 STRENGTH EXERCISES (JOINT ROTATION) 10:30 FOOD CLUB (SALMON MEATLOAF) 2:00 NERF GUN POKER	14	15
2:00 ENTWSITLE CHURCH W/ PASTOR ERICH	16 9:30 HAND STRENGTH EXERCISES 10:30 BIBLE STUDIES 2:00 MUSIC - GLEN & SYLVIA ST. PATRICK PARTY FOOT CARE BY SHAMEN  St. Patrick's Day	17 9:30 STANDING BALANCE EXERCISES 10:30 CURRENT EVENTS 2:00 CARDS / CRIB FOOT CARE BY SHAMEN MILDRED B-DAY	18 9:30 STRENGTH EXERCISES (DUMBELLS) 10:30 ARM CHAIR TRAVEL - METEORA, GREECE 2:00 DICE HORSE RACES FOOT CARE BY SHAMEN	19 9:30 RESISTANCE BANDS EXERCISES 10:30 FUN WITH WORDS 2:00 HERDING KATZ - EDSON JOINING US  Spring Begins	20 9:30 FLEXIBILITY EXERCISES 2:00 BINGO JIM HAY B-DAY	21	22 10:00 PERFORMANCE FIRST DANCE RECITAL SPRUCE GROVE-HORIZON STAGE
6:30 HYMN SING	23 9:30 STRENGTH EXERCISES (JOINT ROTATION) 10:30 BIBLE STUDIES 11:00 LIBRARY 2:00 RED ROSE DANCERS	24 9:30 HAND STRENGTH EXERCISES 10:30 MANICURES & HAND MASSAGES 2:00 FLOOR CURLING	25 9:30 STANDING BALANCE EXERCISES 2:00 GRADE NINE CLASS - BINGO 4:00 CATHOLIC SERVICE	26 9:30 STRENGTH EXERCISES (DUMBELLS) 2:00 LAUGHING FOR WELLBEING	27 9:30 RESISTANCE BANDS EXERCISES 2:00 CARDS- PENNIES/BLACK QUEENS	28	29
	30 9:30 FLEXIBILITY EXERCISES 10:30 BIBLE STUDIES 2:00 FLOOR CURLING - EVANSBURG SENIORS	31					

CALENDAR SUBJECT TO CHANGE

HAPPY BIRTHDAY ELSIE - MARCH 3; YVETTE MARCH 9; SUE MARCH 13; MILDRED MARCH 18; JIM H. MARCH 21