

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Legend: Outings Physical Programs Spiritual Programs Music New/Important CC =Continuing Care *Calendar Subject to Change*						1 9:30 Resistance Band Exercise 10:30 Name that Tune 2:00 Dice Horse Races 3:30 Walking Club
2 2:00 Church Service with Sandi and Elsie	3 Happy Heritage Day	4 9:30 Dumbbell Exercise 10:15 Bakery Walk 2:00 Patio Games & S'mores 3:30 Crazy 8's	5 9:30 Flexibility Exercise 10:30 Resident Meeting 2:00 Concerts in Care 3:30 Walking Club	6 9:30 Exercise w/ Ray 10:15 U of A Botanical Garden 1:30 Balance w/ Ray 2:00Bean Bag Toss 3:30 Patio Yahtzee	7 9:30 Joint Rotation Exercise 10:30 Coffee and Current Events 10:30 Wildwood Interdenominational Service 2:00 BINGO 3:30 Cribbage	8 9:30 Resistance Band Exercise 10:30 WORDLE 2:00 Bocce Ball 3:30 Walking Club
9 2:00 Tipple Baptist Church with Pastor Dwayne	10 9:30 Standing Exercise 10:30 Bible Study 11:00 Library 2:00 'All About Elvis' Trivia 3:30 Walking Club	11 9:30 Dumbbell Exercise 10:30 Spruce Grove Shopping 2:00 Elvis Hangman 3:30 Scrabble	12 9:30 Flexibility Exercise 10:30 Ace Spades 2:00 FCSS Ice Cream Picnic 3:00 TV Horse Races 3:30 Walking Club 4:00Catholic Service	13 9:30 Exercise w/ Ray 10:30 Exercise and your Mental Health 1:30 Balance w/ Ray 1:00 Hearing Clinic 2:00 Floor Curling 3:30 Crosswords	14 9:30 Joint Rotation Exercise 10:30 Words that start with... 2:00 No Hitchhiker Band with Elvis Milkshakes 3:30 Cribbage	15 9:30 Resistance Band Exercise 10:30 Armchair Travel: CUBA 2:00 Elvis BINGO 4:00 Walking Club Open farm days???

2:00 16 Entwistle Community Church with Don Congo *Deny's Birthday*	17 9:30 Standing Exercise 10:30 Bible Study 2:00 The Art of Stippling 3:30 Walking Club	18 9:30 Dumbbell Exercise 10:15 Bakery Walk 2:00 Ladder ball Tournament 3:30 Pokeno	19 9:30 Flexibility Exercise 10:30 Sunshine 'Did you know' 2:00 Glen and Sylvia 3:30 Walking Club	20 9:30 Exercise w/ Ray 10:15 WORDLE 1:30 Balance w/ Ray 2:00 National Lemonade Day Sampling & Games 3:30 Parade Prep	21 9:30 Wildwood Parade 10:30 Wildwood Interdenominational Service 2:00 Card BINGO 3:30 Cribbage	22 9:30 Resistance Band Exercise 10:30 Manicures 2:00 Bean Bag Toss 3:30 Walking Club
23 2pm Hymn Sing with Sandie	24 9:30 Standing Exercise 10:30 Bible Study 11:00 Library 2:00 Dice Horse Races 3:30 Walking Club	25 9:30 Dumbbell Exercise 10:30 Jeopardy Trivia 11:00 Picnic in the Park 3:30 Aggravation	26 9:30 Flexibility Exercise 10:30 Rummy 2:00 Watermelon Trivia & Contest 3:30 Walking Club 4:00 Catholic Service	27 9:30 Exercise w/ Ray 10:15 Fun with Words 1:30 Balance w/ Ray 2:00 Floor Curling 3:30 Crosswords	28 9:30 Joint Rotation Exercise 12:00 End of Summer BBQ 2:00 Patio Party w/ Norman Rice 3:30 Cribbage	29 9:30 Resistance Band Exercise 10:30 UNO 2:00 Ace of Spades 3:30 Walking Club
30	31 9:30 Standing Exercise 10:30 Bible Study 2:00 Pina Colada Social w/ Lam-Chops 3:30 Walking Club	 Happiest of Birthday's to Deny's 				Legend: Outings Physical Programs Spiritual Programs Music New/Important CC =Continuing Care *Calendar Subject to Change*