

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Canada Day</b> No Admin Staff  <small>Canada Day</small>	2 9:00-Senior Strength 10:30-Floor Curling 1:30-Card Bingo 3:00-Cribbage	3 9:00-Senior Strength 9:30-Hand Strengthening 10:30-Walmart 1:30-Regular Bingo 2:30-Flexibility Class 3:00-Manicures	4 9:00-Senior Strength 10:00-Sticks Card Game 1:30-Card Bingo 2:30-Standing Balance Class 3:00-Walker Wash Station <small>(backyard by gazebo)</small>	5 9:00-Senior Strength 9:30-Hand Strengthening 10:30-Pearl Vision Glasses Adjustment <small>(Activity Room)</small> 10:50-Farmer's Market 1:30-Social Hour 2:30-Flexibility Class	6 9:00-Senior Strength 10:30-Yahtzee 1:30-Regular Bingo 3:00-Axe Throwing
7 3:00-Christian Reformed Church <small>(Basement)</small>  7:00-Hymn Sing and Bible Study <small>(Basement)</small>	8 9:00-Senior's Strength 10:30-Dollarama 1:30-Regular Bingo 3:00-Manicures	9 9:00-Senior Strength 11:00-Fresh Vine Patio Lunch 1:30-Card Bingo 2:30-Standing Balance Class 3:00-Hand Wax	10 9:00-Senior Strength 9:30-Hand Strengthening 2:30-Flexibility Class 3:00- Corn Hole  Cadomin Trip 9:30am to 3:00pm	11 9:00-Senior Strength 10:30-Morning Walk 2:30-Standing Balance Class  Edson Street Fair 12:45pm to 2:45pm	12 9:00-Senior Strength 9:30-Hand Strengthening 1:30-Social Hour 2:30-Flexibility Class	13 9:00-Senior Strength 10:30-Sticks Card Game 1:30- Regular Bingo 2:45-Walk to Lil Igloo
14 7:00-Hymn Sing and Bible Study <small>(Basement)</small>	15 9:00-Senior's Strength 10:00-Morning Patio Coffee 1:30-Regular Bingo 3:00-Manicures 6:00-Maryanne Music <small>(Activity Room)</small>	16 9:00-Senior Strength 10:30-Ladder Ball 1:30-Card Bingo 2:30-Standing Balance Class 3:00-Connect 4  Bear Lake Picnic 10:00am to 2:00pm	17 9:00-Senior Strength 9:30-Hand Strengthening 10:15-Bargain Boutique 1:30-Regular Bingo 1:30-Pedicures 2:30-Flexibility Class 3:00-Hand Wax	18 9:00-Senior Strength 10:30-Cribbage 1:30-Card Bingo 2:30-Standing Balance Class 3:00-Hand Oil Massages  Edmonton Gun Range 9:00am to 4:00pm	19 9:00-Senior Strength 9:30-Hand Strengthening 10:50-Farmer's Market 1:30-Social Hour 2:30-Flexibility Class	20 9:30-Senior Strength 10:30-Floor Curling 1:30-Regular Bingo 3:00-Axe Throwing
21 9:45-Mennonite Church <small>(Backyard Gazebo)</small>  3:00-Edson Baptist Church <small>(Basement)</small>  7:00-Hymn Sing and Bible Study <small>(Basement)</small>	22 9:00-Senior's Strength 10:00-Morning Patio Coffee 1:30-Joan Music <small>(Susan's niece, Main Dining Room)</small> 3:00-Manicures	23 9:00-Senior Strength 10:30-Morning Walk 1:30-Card Bingo 1:30-Pedicures 2:30-Standing Balance Class 3:00-Hand Wax	24 9:00-Senior Strength 9:30-Hand Strengthening 10:15-Thrift Shop 1:30-Regular Bingo with LTC 2:30-Flexibility Class 3:00-	25 9:00-Senior Strength 10:30-Shoppers 1:30-Card Bingo 2:30-Standing Balance Class 3:00-  Edmonton River Boat 9:30am to 6:00pm	26 9:00-Senior Strength 9:30-Hand Strengthening 2:30-Flexibility Class  Grandchildren's Carnival <small>(BBQ, Face Painting, Bouncy Castle, In the Backyard)</small>	27 9:00-Seniors Strength 10:00-Pedicures <small>(school)</small>
28 7:00-Hymn Sing and Bible Study <small>(Basement)</small>	29 9:00-Senior's Strength 10:30-Corn Hole 1:30-Regular Bingo 2:45-Walk to Lil' Igloo	30 9:00-Senior Strength 10:30-Connect 4 1:30-Card Bingo 2:30-Standing Balance Class 3:00- Manicures	31 9:00-Senior Strength 9:30-Hand Strengthening 10:30-Hand Oil Massages 1:30-Regular Bingo 1:30-Pedicures 2:30-Flexibility Class 3:00-Hand Wax	<h1>July 2024</h1> <p>Parkland Lodge, Edson</p>		

Calendar is subject to change.