

| Sunday                                                                                                                                                                                                            | Monday                                                                                                 | Tuesday                                                                      | Wednesday                                                                                                                                         | Thursday                                                                                     | Friday                                                                                             | Saturday                                                                                                                                          |
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|  <h1>May 2025</h1>                                                                                                               |                                                                                                        |                                                                              |                                                                                                                                                   | <b>1</b><br>10:00 Stretching<br>1:30 Library Reading<br><br>May Day                          | <b>2</b><br>10:00 Seniors Strength Rotation<br>11:00 Telerehab<br>1:30 BINGO<br>3:15 Happy Hour    | <b>3</b><br>10:00 Exercise with Maria<br>3:00 Mexican Bingo with Marina<br><br><i>Silvia away</i>                                                 |
| <b>4</b><br>10:00 United Church Service<br><br><i>Silvia away</i>                                                                                                                                                 | <b>5</b><br>10:00 Seniors Strength – Bands<br>1:30 Cribbage<br><br>Cinco de Mayo                       | <b>6</b><br>10:00 Standing Balance<br>1:30 Movie Presentation                | <b>7</b><br>10:00 Seniors Strength - Weights<br>11:00 Catholic Church Service<br>2:00 Museum Coffee Hour                                          | <b>8</b><br>10:00 Stretching<br>11:00 Scripture & Song<br>2:00 Celebrating Mothers Tea Party | <b>9</b><br>10:00 Seniors Strength Rotation<br>11:00 Telerehab<br>1:30 BINGO<br>3:15 Happy Hour    | <b>10</b><br>10:00 Exercise with Maria<br>11:00 Lunch and “Steel Magnolias” Theatre in Hinton<br><br><i>Silvia away</i>                           |
| <b>11</b><br>10:00 United Serv<br><br>Allan's Birthday<br><i>Silvia away</i><br>Mother's Day<br>National Skill Nursing Care Week | <b>12</b><br>10:00 Seniors Strength – Bands<br>11:00 Dance with Nicole<br>1:30 Cribbage                | <b>13</b><br>10:00 Standing Balance<br>1:30 Movie Presentation               | <b>14</b><br>10:00 Weights<br>11:00 Catholic Church Service<br>1:30 Trivia Battle Grande Cache in Jasper<br>3:00 Marie Music<br>Konnie's Birthday | <b>15</b><br>10:00 Tai-Chi<br>1:30 Library Reading<br><br>Garfield's Birthday                | <b>16</b><br>10:00 Seniors Strength Rotation<br>11:00 Telerehab<br>1:30 BINGO<br>3:15 Happy Hour   | <b>17</b><br>10:00 Yoga Stretch<br>11:00 Tabletop Curling<br>1:30 Art Time<br>3:00 Mexican Bingo<br><br>Armed Forces Day                          |
| <b>18</b><br>9:30 Coffee Time<br>10:00 United Serv<br>11:15 Maracas<br>2:00 Copper Canyon Railway Presentation<br>4:00 Hand Strengthening                                                                         | <b>19</b><br>1:30 Resident Run Cribbage<br><br>Managers Away<br><br>Victoria Day (Canada)              | <b>20</b><br>10:00 Standing Balance<br>1:30 Movie Presentation               | <b>21</b><br>10:00 Seniors Strength - Weights<br>11:00 Catholic Church Service<br>2:00 Ice Cream & on the Patio                                   | <b>22</b><br>10:00 Tai-Chi<br>1:00 Bus Outing<br><br>Glenda's Birthday                       | <b>23</b><br>10:00 Seniors Strength Rotation<br>11:00 Telerehab<br>1:30 BINGO<br>3:15 Happy Hour   | <b>24</b><br>11:00-2:00<br><br>65 Year Anniversary BBQ Party |
| <b>25</b><br>9:30 Coffee Time<br>10:00 United Serv<br>11:15 Maracas<br>2:00 Reminiscing<br>4:00 Hand Strengthening<br>Della's Birthday                                                                            | <b>26</b><br>10:00 Seniors Strength – Bands<br>1:30 Cribbage<br>6:00 Marie Concert<br><br>Memorial Day | <b>27</b><br>10:00 Standing Balance<br>10:45 Harp<br>1:30 Movie Presentation | <b>28</b><br>10:00 Seniors Strength - Weights<br>11:00 Catholic Church Service<br>1:30 Singalong                                                  | <b>29</b><br>10:00 Tai-Chi<br>10:45 Residents Meeting<br>1:30 Trivia Battle Hinton in Jasper | <b>30</b><br>Church Plant Sale<br>10:00 Seniors Strength Rotation<br>1:30 BINGO<br>3:15 Happy Hour | <b>31</b><br>10:00 Yoga Stretch<br>11:00 Tabletop Curling<br>1:30 Art Time<br>3:00 Mexican Bingo                                                  |